

7 Habits for Healthy Kids booklist

#1-Be proactive: You're in charge

Alexander and the Terrible, Horrible, No Good, Very Bad Day-Viorst
All by myself-Bates
Amazing Grace-Hoffman
A Good Day-Henkes
Jeremy Hatcher Dragon Hatcher-Coville UG
King Bidgood's in the Bathtub-Wood
The Little Engine that Could-Piper
Mirette on the High Wire-McCully
On My Honor-Bauer UG
The Real McCoy: The Life of an African American Inventor –Towle UG
Ruby Mae Has Something to Say: Small
Salt in his Shoes: Michael Jordan in Pursuit of a Dream-Jordan UG
Someone was watching-Patenaude
There is a Bird on Your Head-Willems
Woolbur-Helakoski

#2: Begin with the end in mind: Have a plan

Bobby Baseball –Smith, Robert Kimmel UG
The Chicken Chasing Queen of Lamar County-Harrington
Click Clack Moo-Cronin
Eddie Incorporated-Naylor UG
The End-Rochelle
Galimoto-Williams
Inch by Inch-Lionni
Ira Sleeps Over-Waber
Lucy Mastermind-Feldman UG
The School Story-Clements UG
Sophie's Masterpiece-Spinelli
The Top Job-Kimmel
The Very Busy Spider-Carle
Where Do You Think You're Going Christopher Columbus-Fritz UG
Whistle for Willie-Keats

UG=Upper Grades

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#3 First things first: Work first, then play

Are you my Mother? -Eastman
All the way to Lhasa-Berger
The Carrot Seed-Kraus
Chasing Vermeer-Balliet-UG
Esperanza Rising-Munoz Ryan-UG
Froggy Gets Dressed-London
Henry Builds a Cabin (and other Henry books) Johnson, D.B
Justin and the Best Biscuits in the World-Walter UG
The Little Red Hen-Galdone (and others)
Mrs. Biddlebox-Smith, Linda
Old Mac had a woodshop-Shulman
Sweet Dream Pie-Wood, Audrey
The TV Kid -Byars UG
The Very Hungry Caterpillar-Carle
The Week Mon Unplugged the TV-Wolfe-UG

#4 Think Win Win: Everyone Can Win

Alexander and the Wind-Up Mouse-Lionni
The Butter Battle Book-Seuss-UG
Crash-Spinelli UG
The Doorbell Rang-Hutchins
The Great Texas Hamster Drive-Kimmel
Hiawatha: Messenger of Peace-Fradin-UG
Horace and Morris join the Chorus but what about Delores? Kimmel
Let's be Enemies-Udry
Rainbow Fish-Pfister
Something About Hensley's -Polacco
Stand Tall Molly Lou Melon-Lovell, Patty
The Very Clumsy Click Beetle-Carle
The View from Saturday-Konigsburg-UG
Wait til Helen Comes-Hahn UG
Woolbur-Helakoski

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#5 Seek first to understand, then be understood: Listen before you talk

Alejandro's Gift-Albert
The Bully of Barkham Street-Stolz-UG
Colder than Ice-Patneade-UG
Hooway for Rodney Wat: Lester, Helen
Jamaica's Find-Havill
Marrying Malcom Murgatroyd-Farrell-UG
The Runaway Bunny-Brown
Rules-Lord-UG
The True Story of the Three Little Pigs-Scieska
Stellaluna-Cannon
Veronica Knows Best-Robinson-UG
The Witch of Blackbird Pond-Speare-UG

#6 Synergize: Together is better

Alcatraz versus the Evil Librarians-Sanderson UG
The Alphabet Adventure-Wood
The Alphabet Mystery-W
Bob -Pearson, Tracy Campbell
A Chair for my Mother-Williams
City of Ember-DuPrau-UG
City Green-DiSalvo-Ryan
Clifford's Spring Clean-up-Bridwell
Fireboat-Kalman
The Garden of Happiness
Gregor the Overlander-Collins UG
How the 2nd grade class got \$8205.50 to Visit the Statue of Liberty
Mr. Magill Goes to Town-Aylesworth (not available in any of the Charlotte County media centers)
Officer Buckle and Gloria-Rathman
Owen and Mzee: the story of a remarkable friendship-Hatkoff, Isabella
Ox-Cart Man-Hall
Ruby Holler-Creech
Swimmy-Lionni
The Turtle and the Hippo: Kate Banks
A Wrinkle in Time-L'Engle-UG

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#7 Sharpen the Saw

Canoe Days-Paulson

The Chalk Box Kid-Bulla-UG

Don't let the pigeon stay up late-Willems

Owl Moon-Yolen

The Snowy Day-Keats

Henry Hikes to Fitchburg-Johnson

A Light in the Attic-Silverstein-UG

Me, I am-Prelutsky

The New Kid on the Block-Prelutsky-UG

The Mysteries of Harris Burdick Van Allsburg UG

Uncle Willie and the Soup Kitchen-DiSalvo Ryan UG

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